

ELLIS APRIL 2023 MENU



iCater

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast – Corn Muffin, Milk, Orange</p> <p>Lunch – Breaded Chicken Sandwich, Mayo, WW Burger Bun and German Blend veg Milk / Honey Dew Melon</p> <p>Snack – Cheese Stick, Graham Crackers</p> <p>3</p>	<p>Breakfast – Cheerios, Milk, Apple</p> <p>Lunch –Salisbury Steak with Gravy, Roasted Potatoes, Carrots, WW Dinner Roll Milk / Orange</p> <p>Snack-Unsweetened Apple sauce and saltines</p> <p>4</p>	<p>Breakfast – WW Bagel, Cream Cheese, Milk, Banana</p> <p>Lunch – Pancakes, Sausage Links, Tater Tots, Whole Wheat Bread Slice, Milk, Apple</p> <p>Snack-Goldfish crackers, yogurt</p> <p>5</p>	<p>Breakfast – Muffin, Milk, Apple</p> <p>Lunch –Chicken Nuggets w/ Sweet & Sour Dipping Sauce , Mixed Vegetables, WW Dinner Roll Milk / Mandarin</p> <p>Snack – Cheez-its, apple</p> <p>6</p>	<p>Breakfast – Kix Cereal, Milk, Banana</p> <p>Lunch – Cheese Ravioli and meatballs with marinara, Cali Gold Veg, WW Dinner Roll, Butter / Milk / Chilled Pears</p> <p>Snack -Multi-grain sun chips, pineapple</p> <p>7</p>
<p>Breakfast – Corn Muffin, Milk, Orange</p> <p>Lunch- Barbequed Chicken Sandwich, Green Beans, WW Bun Milk / Cantaloupe</p> <p>Snack – Cheese Stick, Graham Crackers</p> <p>10</p>	<p>Breakfast – Cheerios, Milk, Apple</p> <p>Lunch – Meat Lasagna, Mixed veg, Whole Wheat Bread Slice w/Butter Milk /Chilled Peaches</p> <p>Snack – Unsweetened Apple sauce and saltines</p> <p>11</p>	<p>Breakfast – WW Bagel, Cream Cheese, Milk, Banana</p> <p>Lunch –Mac & Cheese, Popcorn Chicken, WW Roll and Garden Veg Milk / Honey Dew</p> <p>Snack – Goldfish crackers, yogurt</p> <p>12</p>	<p>Breakfast – Muffin, Milk, Apple</p> <p>Lunch –Cheeseburger, Cheese, Ketchup, Whole Wheat Burger Bun, Peas & Carrots. Milk /Orange</p> <p>Snack – Cheez-its, apple</p> <p>13</p>	<p>Breakfast – Corn Flakes, Cereal, Milk, Banana</p> <p>Lunch –Cheese Pasta Roll-up, w/ Meatballs & Tomato Sauce,, WW Roll, Milk. Italian Green Beans Milk / Apples</p> <p>Snack – Multi-grain sun chips, pineapple</p> <p>14</p>
<p>Patriots Day</p> <p>17</p>	<p>Breakfast – Cheerios, Milk, Apple</p> <p>Lunch – Meat Lasagna w/ mixed vegetables Whole Wheat Dinner Roll w/Butter Milk / Cantaloupe</p> <p>Snack –Unsweetened Apple sauce and saltines</p> <p>18</p>	<p>Breakfast –WW Bagel, Cream Cheese, Milk, Banana</p> <p>Lunch- Sun Butter & Jelly Sandwich , WW bread, Sliced Cucumbers, Milk, Chilled peaches</p> <p>Snack – Goldfish crackers, yogurt</p> <p>19</p>	<p>Breakfast – Muffin, Milk, Apple</p> <p>Lunch –Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Carrots/ Milk / Honeydew</p> <p>Snack – Cheez-its, apple</p> <p>20</p>	<p>Breakfast – Kix Cereal, Milk, Banana</p> <p>Lunch- Roast Turkey with Gravy, Sweet Potatoes and Mixed Vegetables, WW dinner roll Milk / Orange</p> <p>Snack – Multi-grain sun chips, pineapple</p> <p>21</p>
<p>Breakfast – Corn Muffins, Milk, Orange</p> <p>Lunch –Chicken Parm Whole Wheat Pasta San Fran Veg Milk /Apple</p> <p>Snack – Cheese Stick, Graham Crackers</p> <p>24</p>	<p>Breakfast – Cheerios, Milk, Apple</p> <p>Lunch –Breaded Chicken Tenders with BBQ Dipping Sauce with Carrots and WW Dinner Roll Milk / Fruit</p> <p>Snack – Unsweetened Apple sauce and saltines</p> <p>25</p>	<p>Breakfast – WW Bagel, Cream Cheese, Milk, Banana</p> <p>Lunch –Whole Grain Penne Pasta with Meat Sauce, Italian Green beans, Milk / Chilled Pears</p> <p>Snack – Goldfish crackers, yogurt</p> <p>26</p>	<p>Breakfast – Muffin, Milk, Apple</p> <p>Lunch – Cheeseburger, Cheese, Whole Wheat Bun, Ketchup, Mixed Vegetables Milk / Cantaloupe</p> <p>Snack –Cheez-its, apple</p> <p>27</p>	<p>Breakfast – Corn Flakes Cereal, Milk, Banana</p> <p>Lunch –Mac & Cheese, Popcorn Chicken Green Beans, WW Roll Milk / Chilled Peaches</p> <p>Snack – Multi-grain sun chips, pineapple</p> <p>28</p>