



# ELLIS 2026 MASTER MENU



\* Meal and meal component substitutions made by iCater may occur without notice and will meet or exceed all SLP or CACFP meal pattern requirements.

\* Meal and meal component substitutions requested by the customer, may not meet all SLP or CACFP meal pattern requirements.

iCater

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea)</p> <p><b>Lunch</b> – Beef Tacos (2ea), Brown Rice &amp; Beans (½ cup), Green Beans (¾ cup), Milk (8oz), Cantaloupe (1 slice)</p> <p><b>Snack</b> – Cheese Stick (1oz), Graham Crackers (2ea) <b>1</b></p>	<p><b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Meat Lasagna (10oz), Broccoli (¾ cup), WW Bread Slice (1oz), w/Butter (.27oz), Milk (8oz), Chilled Peaches (4oz)</p> <p><b>Snack</b> – Cin graham crackers (1ea), Golden Delicious Apple (1ea) <b>2</b></p>	<p><b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b> – Mac &amp; Cheese (6oz), Popcorn Chicken (9), WW Roll (1oz), Butter (.27oz), Sliced Carrots (½ cup), Milk (8oz), Honey Dew (1 slice)</p> <p><b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <b>3</b></p>	<p><b>Breakfast</b> – Apple Muffin (1ea), Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Chili (3oz), w/ Steamed Brown Rice (1½ cup), Peas &amp; Carrots (¾ cup), Milk (8oz), Orange (1ea)</p> <p><b>Snack</b> – Cheez-its (1pk), Banana (1ea) <b>4</b></p>	 <p><b>5</b></p>
<p><b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea)</p> <p><b>Lunch</b> – WG Quesadilla Pizza, (1ea) Green Beans (½ cup, Milk (8oz), Chilled Mandarins (4oz)</p> <p><b>Snack</b>- Cheddar Cheese Stick (1oz), Graham crackers (2ea) <b>8</b></p>	<p><b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Meat Lasagna (10oz), Broccoli (¾ cup), WW Dinner Roll (1oz), w/Butter (.27oz), Milk (8oz), Cantaloupe (1 slice)</p> <p><b>Snack</b> – Cin graham crackers (1ea), Golden Delicious Apple (1ea) <b>9</b></p>	<p><b>Breakfast</b> – WW Bagel (1), Cream Cheese (1oz), Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b> – Chicken Taquitos, Sweet Tater Tots (½ cup), Peas &amp; Carrots, WG Bread, Butter (.27oz), Milk (8oz), Chilled Peaches (4oz)</p> <p><b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <b>10</b></p>	<p><b>Breakfast</b> – Apple Muffin (1ea), Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Meatball (4) Subs with Shredded Mozzarella (1oz), WW Sub Roll (1ea), Carrots (¾ cup), Milk (8oz), Honeydew (1 slice)</p> <p><b>Snack</b> – Cheez-its (1pk), Banana (1ea) <b>11</b></p>	<p><b>Breakfast</b> – Chex Cereal (1oz), Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b>- Beef Tacos (2ea), Brown Rice &amp; Beans (½ cup) Mixed Vegetables (¾ cup), Milk (8oz), Orange (1 ea)</p> <p><b>Snack</b> – Sun chips (1oz), Mozzarella Cheese Stick (1ea) <b>12</b></p>
<p><b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea)</p> <p><b>Lunch</b> – Sofrito Chicken (3oz) &amp; WG Rice (½ c), Broccoli (¾ cup), Milk (8oz), Apple (1ea)</p> <p><b>Snack</b> – Cheese Stick (1oz), Graham Crackers (2ea) <b>15</b></p>	<p><b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Breaded Chicken Tenders (2ea) with BBQ Dipping Sauce (1oz), Carrots (¾ cup), WW Dinner Roll (1oz), Butter (.27oz), Milk (8oz), Pears (4oz)</p> <p><b>Snack</b> – Cin graham crackers (1ea), Golden Delicious Apple (1ea) <b>16</b></p>	<p><b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b> – Roast Turkey (3oz) &amp; Gravy, 1oz, Mashed Potato ½ cup, Mixed Vegetables (½ cup), WW Roll (1ea), Butter (.27oz)</p> <p><b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <b>17</b></p>	<p><b>Breakfast</b> – Apple Muffin (1ea), Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Cheeseburger (3oz patty), Cheese (1), WW Bun (1oz), Ketchup (3oz), Sweet Tots (¾ cup), Milk (8oz), Cantaloupe (1 slice)</p> <p><b>Snack</b> – Cheez-its (1pk), Banana (1ea) <b>18</b></p>	
<p><b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea)</p> <p><b>Lunch</b> – WG Quesadilla Pizza, (1ea), Broccoli (½ cup), Milk (8oz), Honey Dew Melon (1 slice)</p> <p><b>Snack</b> – Cheese Stick (1oz), Graham Crackers (2ea) <b>22</b></p>	<p><b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> - Hamburger Helper (1cup), Green Beans, (½ cup), WW Dinner Roll (1oz), Butter (.27oz), Milk (8oz), Orange (1ea)</p> <p><b>Snack</b> - Cin graham crackers (1ea), Golden Delicious Apple (1ea) <b>23</b></p>	<p><b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b> – Hearty Chicken Noodle Soup (6oz), Mixed Vegetables (½ cup), WW Bread (1ea), Butter (.27oz), Milk (8oz), Apple (1ea)</p> <p><b>Snack</b> - Goldfish crackers (1ea), yogurt (4 oz) <b>24</b></p>	<p><b>Breakfast</b> – Apple Muffin (1ea), Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Chicken Nuggets (8), w/ Sour Dipping Sauce (2oz), carrots (¾ cup), WW Dinner Roll (1), Butter (.27oz), Milk (8oz), Mandarins (4oz)</p> <p><b>Snack</b> – Cheez-its (1pk), Banana (1ea) <b>25</b></p>	<p><b>Breakfast</b> – Chex Cereal, Milk (8oz), Banana (1ea)</p> <p><b>Lunch</b> – Cheeseburger (3oz), Cheese (1ea), Whole Wheat Burger Bun (1ea), Cali-Gold Vegetables (¾ cup), WW Dinner Roll (1), Butter (1oz), Milk (8oz), Pears (4oz)</p> <p><b>Snack</b> - Sun chips (1oz), Mozzarella Cheese Stick (1ea) <b>26</b></p>
<p><b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea)</p> <p><b>Lunch</b> – Beef Tacos (2ea), Brown Rice &amp; Beans (½ cup), Green Beans (¾ cup), Milk (8oz), Cantaloupe (1 slice)</p> <p><b>Snack</b> – Cheese Stick (1oz), Graham Crackers (2ea) <b>29</b></p>	<p><b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea)</p> <p><b>Lunch</b> – Meat Lasagna (10oz), Broccoli (¾ cup), WW Bread Slice (1oz), w/Butter (.27oz), Milk (8oz), Chilled Peaches (4oz)</p> <p><b>Snack</b> – Cin graham crackers (1ea), Golden Delicious Apple (1ea) <b>30</b></p>		