KIDS Specialty Lunch Meals
November 2026 Menu

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DH indicates diabetic friendly

iCater

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian/ Vegan Taquitos, 2) w/ Carrots,) WG Rice, 1/2c) Allergen Chicken Tacos, 4.5oz) Corn Tortillas (2) Salsa, Brown Rice & Beans, 1/2c) Carrots,) DH 2	Vegetarian/ Vegan Chicken Tenders (4) w/ Potato Wedges, 1/2c) & Corn,) WW dinner roll Allergen Herb Roasted Turkey Tips, (4oz) Mashed Sweet Potato,) Brown Rice (1/2c) 3	Vegan Swedish "Meatballs", (4) w/ Roasted Potatoes (1/2c) & Mixed Veg, WG dinner roll WG Ravioli Marinara, (6ea) Mixed Veg, Chickpeas (1/2c) Allergen Montreal Chicken, (4.5oz) Roasted Sweet Potato, Brown Rice, (1/2c) DH 4	Vegetarian/ Vegan Chili, (3/4c) WG Rice, & Carrots Allergen Turkey Enchilada Stew, (6oz) Yellow/Brown Rice & Peas, (1/2c) Carrots, DH 5	Vegan Pasta, (1/2c) & "Meatballs", (4) w/ Marinara Sauce w Gr Beans) Mac & Cheese, (1/2c) & "Chicken" Tender, (3) w/ Cali Blend Veg, ww dinner roll Allergen Bolognese, (4oz) GF Pasta, (1/2c) Cali Blend Veg, DH 6
Vegan Burger, (1) Whole Wheat Roll, (1) & Green Beans Lasagna Roll Up (1) w/ Marinara Sauce & Italian Green Beans Allergen Chicken Marinara, (4.5oz) Brown Rice, (1/2c) & Green Beans DH 9	Tofu Stir-Fry, 4oz) Brown Rice (1/2c) & Mixed Veg) Baked Lasagna (10oz) & Mixed Veg, Chick Peas, (3/4c) WW dinner roll Allergen Marinated Chicken Strips (4.50z) Brown Rice, (1/2c) & Mixed Veg DH 10	 11	Vegetarian/Vegan Balsamic Roasted Vegetable and Chickpea Bowl, (1/2c) Brown Rice (1/2c) Carrots) DH Allergen Chicken & Rice, (4oz) Carrots 12	Swedish "Meatballs", (4) w/ Roasted Potatoes (1/2c) & Mixed Veg, WG Bread Allergen Lemon Pepper Chicken, (4.5oz) Brown Rice & Beans, (1/2c) & Mixed Veg DH 13
Vegetarian/ Vegan Taquitos, (2) w/ Carrots, WG Rice, (1/2c) Allergen Chicken Tacos, (4.5oz) Corn Tortillas, 2) Salsa, Brown Rice & Beans, (1/2c) Carrots DH 16	Vegetarian/ Vegan Chicken Tenders (4) w/ Potato Wedges, (1/2c) & Corn,) WW dinner roll Allergen Herb Roasted Turkey Tips, (4oz) Mashed Sweet Potato, Brown Rice (1/2c) 17	Vegan Swedish "Meatballs", (4) w/ Roasted Potatoes (1/2c) & Mixed Veg, WG dinner roll WG Ravioli Marinara, 6ea) Mixed Veg, Chickpeas (1/2c) Allergen Montreal Chicken, (4.5oz) Roasted Sweet Potato,) Brown Rice, (1/2c) DH 18	Vegetarian/ Vegan Chili, 3/4c) WG Rice, & Carrots) Allergen Turkey Enchilada Stew, 6oz) Yellow/Brown Rice & Peas, 1/2c) Carrots,) DH 19	 20
Vegan Burger, (1) Whole Wheat Roll, (1) & Green Beans Lasagna Roll Up (1) w/ Marinara Sauce & Italian Green Beans Allergen Chicken Marinara, (4.5oz) Brown Rice, (1/2c) & Green Beans DH 23	Tofu Stir-Fry, (4oz) Brown Rice (1/2c) & Mixed Veg Baked Lasagna (10oz) & Mixed Veg, Chick Peas, (3/4c) WW dinner roll Allergen Marinated Chicken Strips (4.50z) Brown Rice, (1/2c) & Mixed Veg DH 24	 25	26	27
Vegetarian/ Vegan Taquitos, (2) w/ Carrots, WG Rice, (1/2c) Allergen Chicken Tacos, (4.5oz) Corn Tortillas, (2) Salsa, Brown Rice & Beans, (1/2c) Carrots,) DH 30				All lunches served with 8oz of milk (whole, 1%, or Lactaid free based on requirement for age group) All lunches served with ½ cup of fruit. The fruit is listed on the main menu calendar.