

# KIDS Specialty Lunch Meals

## September 2026 Menu

[chef@iCaterboston.com](mailto:chef@iCaterboston.com) 617-892-7777  
 DH indicates diabetic friendly



| Monday                                                                                                                                                                       | Tuesday                                                                                                                                                    | Wednesday                                                                                                                                                                                        | Thursday                                                                                                                                 | Friday                                                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>September</div> <div> </div>                                                                                                                                            | <div>Summer</div>                                                                                                                                          | <div>Break</div>                                                                                                                                                                                 | <div>Break</div>                                                                                                                         | <div>Break</div>                                                                                                                                                                                              |
| Vegetarian/ <b>Vegan</b> Swedish “Meatballs”, Brown Rice, San Fran Blend Veg<br><br>Allergen Chicken Tacos, Corn Tortillas, Salsa, Brown Rice & Beans, San Fran Blend Veg DH | Vegetarian/ <b>Vegan</b> Chicken Tenders w/ Potato Wedges & Corn, WW dinner roll<br><br>Allergen Herb Roasted Turkey Tips, Mashed Sweet Potato, Brown Rice | Swedish “Meatballs” w/ Roasted Potato, Mixed Veg WW dinner roll<br><br>Manicotti w/ Marinara Sauce & Mixed Veg, WW dinner roll<br><br>Allergen Beef w/ Pepper & Onions, Brown Rice, Mixed Veg DH | Vegetarian/ <b>Vegan</b> Burger, Whole Wheat Roll, & Carrots<br><br>Allergen Turkey Enchilada Stew, Yellow/Brown Rice & Peas, Carrots DH | Vegan Pasta & “Meatballs” w/ Marinara Sauce w/ Cali Blend Veg, ww dinner roll<br><br>Mac & Cheese & “Chicken” Tender w/ Cali Blend Veg, ww dinner roll<br><br>Allergen Bolognese, GF Pasta, Cali Blend Veg DH |
| Vegetarian/ <b>Vegan</b> Chicken Tenders w/ Potato Wedges & Corn, WG Bread<br><br>Allergen Herb Roasted Turkey Tips, Mashed Sweet Potato, Brown Rice                         | Vegetarian/ <b>Vegan</b> Balsamic Roasted Vegetable and Chickpea Bowl; Brown Rice DH<br><br>Allergen Bolognese, GF Pasta, Peas & Carrots, WW Dinner Roll   | “Meatballs” w/ Gravy, Brown Rice & Cauliflower<br><br>Manicotti w/ Marinara Sauce Cauliflower, ww dinner roll<br><br>Allergen Jerked Chicken, Brown Rice, Cauliflower DH                         | Vegan Burger, Whole Wheat Roll, & Carrots<br><br>Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH                          | Vegan/Vegetarian Pot stickers, Brown Rice, Green Beans<br><br>Allergen Beef w/ Pepper & Onions, Brown Rice, Green Beans DH                                                                                    |
| Vegan Burger, Whole Wheat Roll, & Green Beans<br><br>Lasagna Roll Up w/ Marinara Sauce & Italian Green Beans<br><br>Allergen Chicken Marinara, Brown Rice & Green Beans DH   | Tofu Stir-Fry, Brown Rice & Mixed Veg<br><br>Baked Lasagna & Mixed Veg WW dinner roll<br><br>Allergen Marinated Chicken Strips, Brown Rice & Mixed Veg DH  | Vegetarian/ <b>Vegan</b> Chicken Sandwich w/ Carrots (WW Roll for sandwich)<br><br>Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH                                                |                                                                                                                                          | All lunches served with 8oz of milk (whole, 1%, or Lactaid free based on requirement for age group)<br><br>All lunches served with ½ cup of fruit. The fruit is listed on the main menu calendar.             |