

Specialty Lunch Meals

KIDS July 2026 Menu

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DH indicates diabetic friendly



Monday	Tuesday	Wednesday	Thursday	Friday
All lunches served with 8oz of milk (whole, 1%, or Lactaid free based on requirement for age group) All lunches served with ½ cup of fruit. The fruit is listed on the main menu calendar.		"Meatballs" w/ Gravy, Brown Rice & Cauliflower Manicotti w/ Marinara Sauce Cauliflower, ww dinner roll Allergen Jerked Chicken, Brown Rice, Cauliflower DH 1	Vegan Burger, Whole Wheat Roll, & Carrots Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH 2	
Vegan Burger, Whole Wheat Roll, & Green Beans Lasagna Roll Up w/ Marinara Sauce & Italian Green Beans Allergen Chicken Marinara, Brown Rice & Green Beans DH 6	Tofu Stir-Fry, Brown Rice & Mixed Veg Baked Lasagna & Mixed Veg WW dinner roll Allergen Marinated Chicken Strips, Brown Rice & Mixed Veg DH 7	Vegetarian/ Vegan Chicken Sandwich w/ Carrots (WW Roll for sandwich) Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH 8	Vegetarian/Vegan Balsamic Roasted Vegetable and Chickpea Bowl; Brown Rice DH 9 Allergen Bolognese, GF Pasta, Carrots	Swedish "Meatballs" w/ Roasted Potatoes & Mixed Veg, WG Bread Allergen Lemon Pepper Chicken, Brown Rice & Beans & Mixed Veg DH 10
Vegetarian/ Vegan Chicken Sandwich w/ Carrots (WW Roll for sandwich) Allergen Chicken Tacos, Corn Tortillas, Salsa, Brown Rice & Beans, Carrots DH 13	Vegetarian/ Vegan Chicken Tenders w/ Potato Wedges & Corn, WW dinner roll Allergen Herb Roasted Turkey Tips, Mashed Sweet Potato, Brown Rice 14	Swedish "Meatballs" w/ Roasted Potato, Mixed Veg WW dinner roll Manicotti w/ Marinara Sauce & Mixed Veg, WW dinner roll Allergen Beef w/ Pepper & Onions, Brown Rice, Mixed Veg DH 15	Vegetarian/ Vegan Burger, Whole Wheat Roll, & Carrots Allergen Turkey Enchilada Stew, Yellow/Brown Rice & Peas, Carrots DH 16	Vegan Pasta & "Meatballs" w/ Marinara Sauce w/ Cali Blend Veg, ww dinner roll Mac & Cheese & "Chicken" Tender w/ Cali Blend Veg, ww dinner roll Allergen Bolognese, GF Pasta, Cali Blend Veg DH 17
Vegetarian/Vegan Swedish "Meatballs", Brown Rice, San Fran Blend Veg Allergen Chicken Tacos, Corn Tortillas, Salsa, Brown Rice & Beans, San Fran Blend Veg DH 20	Vegetarian/Vegan WG Pasta & "Chicken" Marinara w/ Mixed Veg Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH 21	Vegan Burger, Whole Wheat Roll, & Mixed Veg WG Ravioli Marinara, Mixed Veg Allergen Beef w/ Pepper & Onions, Brown Rice, Mixed Veg DH 22	Vegetarian Pasta and Eggplant Parmesan w/Marinara, ww dinner roll Vegan Chicken Tenders w/ Potato Wedges & Green Beans, ww dinner roll Allergen Herb Marinated Chicken, Brown Rice, Green Beans DH 23	Vegan WG Pasta & "Meatballs" w/ Marinara Sauce w/ Italian Gr Beans Lasagna Roll Up w/ Marinara Sauce & Italian Gr Beans ww dinner roll Allergen Chicken Marinara, Brown Rice & Gr Beans DH 24
Vegetarian/ Vegan Chicken Tenders w/ Potato Wedges & Corn, WG Bread Allergen Herb Roasted Turkey Tips, Mashed Sweet Potato, Brown Rice 27	Vegetarian/Vegan Balsamic Roasted Vegetable and Chickpea Bowl; Brown Rice DH Allergen Bolognese, GF Pasta, Peas & Carrots, WW Dinner Roll 28	"Meatballs" w/ Gravy, Brown Rice & Cauliflower Manicotti w/ Marinara Sauce Cauliflower, ww dinner roll Allergen Jerked Chicken, Brown Rice, Cauliflower DH 29	Vegan Burger, Whole Wheat Roll, & Carrots Allergen Montreal Chicken, Roasted Sweet Potato, Brown Rice DH 30	Vegan/Vegetarian Pot stickers, Brown Rice, Green Beans Allergen Beef w/ Pepper & Onions, Brown Rice, Green Beans DH 31