Pre-School & Pre-K Daily Schedule

8:00-9:30  Arrival/ Learning Centers
8:30-9:15  Breakfast
9:30-9:45  Clean up, Bathroom time
9:45-10:00 Circle Time: Discussion /Mighty Minutes/Intro to Centers
10:00-10:30 Small group work: Intentional Teaching/Table Activities (theme related)
10:30-10:45 Clean-up/Read Aloud
10:45-11:00 Bathroom time
11:00-11:45 Jackets/Outdoor time or activities in the Music & Movement Studio
11:45-12:00 Hand-washing, Table-setting
12:00-12:30 Lunch
12:30-1:00 Bathroom/Quiet reading on mats
1:00-2:45 Nap/Rest Time
2:45-3:00 Wake up time
3:00-3:30 Snack, bathroom, quiet reading
3:30-3:45 Circle time (special story, songs, discussions, noon overview)/Jumpstart sessions (fun literacy program)
3:45-4:45 Outdoor time or indoor table activities in inclement weather
4:45-5:00 Quiet table activities
5:30-6:00 Listening story/Individual attention/Departure

- Schedule is subject to change depending on the moods and interests of the child.
- Routines such as diapering, eating, dressing, and resting are handled in a relaxed, reassuring, and individualized manner based on developmental needs.
- Children are allowed time to transition