

# ELLIS 2025 MAY MENU

\* Meal and meal component substitutions made by iCater may occur without notice and will meet or exceed all SLP or CACFP meal pattern requirements.

\* Meal and meal component substitutions requested by the customer, may not meet all SLP or CACFP meal pattern requirements.



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> –Chicken Nuggets (5 each 4oz), w/ Sour Dipping Sauce (2oz), carrots (3/4 cup), WW Dinner Roll (1oz), butter, Milk (8oz), Mandarins (4oz) <b>Snack</b> – Cheez-its (1pk, Apple (1ea) <b>1</b>	<b>Breakfast</b> – Kix Cereal, Milk (8oz), Banana (1ea) <b>Lunch</b> – Cheese Ravioli (3oz) and meatballs (2oz) with marinara, Cali-Gold Vegetables (3/4 cup), WW Dinner Roll (1oz), Butter, Milk (8oz), Chilled Pears (4oz) <b>Snack</b> -Multi-grain sun chips (1oz, Tropical Fruit Cups (4 oz) <b>2</b>
<b>Breakfast</b> – Corn Muffin (2oz), Milk (8oz), Orange (1ea) <b>Lunch</b> -- Beef Tacos (2ea), Brown Rice & Beans (1/2 cup), Green Beans (3/4 cup), Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Cheese Stick (1oz), Graham Crackers (1ea) <b>5</b>	<b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea) <b>Lunch</b> – Meat Lasagna (8oz), Broccoli (3/4 cup), WW Bread Slice (1oz), w/Butter, Milk (8oz), Chilled Peaches (4oz) <b>Snack</b> – Unsweetened Apple sauce and saltines (2ea) <b>6</b>	<b>Breakfast</b> – WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea) <b>Lunch</b> – Mac & Cheese (6oz), Popcorn Chicken (3oz), WW Roll (1oz), butter, and Garden Veg (3/4 cup), Milk (8oz), Honey Dew (1 slice <b>Snack</b> – Goldfish crackers(1ea), yogurt(4 oz) <b>7</b>	<b>Breakfast</b> – Apple Muffin(2oz), Milk (8oz), Apple(1ea) <b>Lunch</b> – Cheeseburger (3oz), Cheese (1oz), WW Burger Bun (1oz), Ketchup (3oz), Peas & Carrots (3/4 cup), Milk (8oz), Orange <b>Snack</b> – Cheez-its (1pk), Apple (1ea) <b>8</b>	<b>Breakfast</b> – Corn Flakes, Cereal, Milk (8oz) , Banana(1ea) <b>Lunch</b> – Cheese Pasta Roll-up (1ea), w/ Meatballs (3) & Tomato Sauce, mixed Vegetables (3/4 cup), WW Roll (1oz), butter, Milk (8oz), Apples <b>Snack</b> – Multi-grain sun chips (1oz, Tropical Fruit Cups (4 oz) <b>9</b>
<b>Breakfast</b> – Corn Muffin, (2oz) Milk (8oz), Orange (1ea) <b>Lunch</b> – French Bread Cheese Pizza (1ea), Green Beans (3/4 cup, Milk (8oz), Chilled Mandarins (4oz) <b>Snack</b> - Cheddar Cheese Stick (1oz), Graham crackers (1ea) <b>12</b>	<b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea) <b>Lunch</b> – Meat Lasagna (8oz), Broccoli (3/4 cup), WW Dinner Roll(1oz), w/Butter, Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Unsweetened Apple sauce and saltines (2ea) <b>13</b>	<b>Breakfast</b> – WW Bagel, Cream Cheese, Milk (8oz), Banana (1ea) <b>Lunch</b> – Turkey (2 slices) & Cheese (1 slice) Sandwich, Sliced Cucumbers (1/2 cup), Chilled peaches (4oz), <b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <b>14</b>	<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> –Meatball Subs (4oz) with Shredded Mozzarella (1oz), WW Sub Roll, Carrots (3/4 cup), Milk (8oz), Honeydew (1 slice) <b>Snack</b> – Cheez-its (1pk, Apple(1ea) <b>15</b>	<b>Breakfast</b> – Kix Cereal, Milk (8oz) , Banana(1ea) <b>Lunch</b> - Beef Tacos (2ea), Brown Rice & Beans (1/2 cup) and Mixed Vegetables (3/4 cup) Milk (8oz), Orange (1 each) <b>Snack</b> – Multi-grain sun chips, (1oz Tropical Fruit Cups (4 oz) <b>16</b>
<b>Breakfast</b> – Corn Muffin (2oz), Milk (8oz), Orange (1ea) <b>Lunch</b> –Chicken Parmesan (3oz), WW pasta (2oz), Broccoli (3/4 cup), Milk (8oz), Apple (1ea) <b>Snack</b> – Cheese Stick (1oz), Graham Crackers (1ea) <b>19</b>	<b>Breakfast</b> – Cheerios, Milk (8oz) , Apple(1ea) <b>Lunch</b> –Breaded Chicken Tenders (5 each 4oz) with BBQ Dipping Sauce (1oz), with Carrots (3/4 cup) and WW Dinner Roll (1oz), butter, Milk (8oz), Pears (4oz) <b>Snack</b> – Unsweetened Apple sauce and saltines(2ea) <b>20</b>	<b>Breakfast</b> – WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea) <b>Lunch</b> –Chicken & Spaghetti Marinara, (6oz) , Mixed vegetables (3/4 cup), Milk (8oz), Chilled Pears (4oz) <b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <b>21</b>	<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> – Cheeseburger (3oz), Cheese (1oz), WW Bun (1oz), Ketchup (3oz), Mixed Vegetables (3/4 cup),Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Cheez-its (1pk), Apple(1ea) <b>22</b>	<b>Breakfast</b> – Corn Flakes Cereal, Milk (8oz), Banana(1ea) <b>Lunch</b> –Mac & Cheese (6oz), Popcorn Chicken (3oz), Green Beans (3/4 cup), WW Roll (1oz), butter, Milk (8oz)/ Chilled Peaches (4oz) <b>Snack</b> – Multi-grain sun chips (1oz, Tropical Fruit Cups (4 oz) <b>23</b>
<b>MEMORIAL DAY</b> <b>26</b>	<b>Breakfast</b> – Cheerios, Milk (8oz) , Apple(1ea) <b>Lunch</b> - Turkey & Cheese Sandwich, Sliced Cucumbers (1/2cup), Milk (8oz), Orange <b>Snack</b> - Unsweetened Apple sauce and saltines (2ea) <b>27</b>	<b>Breakfast</b> – WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea) <b>Lunch</b> – Pancakes (3oz), Sausage Patty (2oz), Tater Tots (3/4 cup), Syrup, Milk (8oz), Apple <b>Snack</b> - Goldfish crackers (1ea), yogurt (4 oz) <b>28</b>	<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> –Chicken Nuggets (5 each 4oz), w/ Sour Dipping Sauce (2oz), carrots (3/4 cup), WW Dinner Roll (1oz), butter, Milk (8oz), Mandarins (4oz) <b>Snack</b> – Cheez-its (1pk, Apple (1ea) <b>29</b>	<b>Breakfast</b> – Kix Cereal, Milk (8oz), Banana (1ea) <b>Lunch</b> – Cheese Ravioli (3oz) and meatballs (2oz) with marinara, Cali-Gold Vegetables (3/4 cup), WW Dinner Roll (1oz), Butter, Milk (8oz), Chilled Pears (4oz) <b>Snack</b> -Multi-grain sun chips (1oz, Tropical Fruit Cups (4 oz) <b>30</b>