




# ELLIS 2025 AUGUST MENU

\* Meal and meal component substitutions made by iCater may occur without notice and will meet or exceed all SLP or CACFP meal pattern requirements.

\* Meal and meal component substitutions requested by the customer, may not meet all SLP or CACFP meal pattern requirements.



iCater

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Breakfast</b> – Corn Flakes, Cereal, Milk (8oz) , Banana(1ea) <b>Lunch</b> – Cheese Pasta Roll-up (1ea), w/ Meatballs (3) & Tomato Sauce, mixed Vegetables (3/4 cup), WW Roll (1oz), butter, Milk (8oz), Apples <b>Snack</b> – Sun chips (1oz, Tropical Fruit Cups (4 oz) <span style="float: right;">1</span>
<b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea) <b>Lunch</b> – French Bread Cheese Pizza (1), Green Beans (3/4 cup, Milk (8oz), Chilled Mandarins (4oz) <b>Snack</b> - Cheddar Cheese Stick (1oz), Graham crackers (1ea) <span style="float: right;">4</span>	<b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea) <b>Lunch</b> – Meat Lasagna (8oz), Broccoli (3/4 cup), WW Dinner Roll(1oz), w/Butter, Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Unsweetened Apple sauce (4oz), saltines (2ea) <span style="float: right;">5</span>	<b>Breakfast</b> – WW Bagel (1), Cream Cheese (1oz), Milk (8oz), Banana (1ea) <b>Lunch</b> – Turkey (2 slices) & Cheese (1 slice) Sandwich, Sliced Cucumbers (1/2 cup), Chilled peaches (4oz) <b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <span style="float: right;">6</span>	<b>Breakfast</b> – Apple Muffin (1ea), Milk (8oz), Apple (1ea) <b>Lunch</b> – Meatball (4) Subs with Shredded Mozzarella (1oz), WW Sub Roll (1ea), Carrots (3/4 cup), Milk (8oz), Honeydew (1 slice) <b>Snack</b> – Cheez-its (1pk), Apple (1ea) <span style="float: right;">7</span>	<b>Breakfast</b> – Kix Cereal (1oz), Milk (8oz) , Banana(1ea) <b>Lunch</b> - Beef Tacos (2ea), Brown Rice & Beans (1/2 cup) and Mixed Vegetables (3/4 cup), Milk (8oz), Orange (1 ea) <b>Snack</b> –Sun chips (1oz) Tropical Fruit Cups (4 oz) <span style="float: right;">8</span>
<b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea) <b>Lunch</b> – Chicken (3oz), Parmesan WW pasta (2oz), Broccoli (3/4 cup), Milk (8oz), Apple (1ea) <b>Snack</b> – Cheese Stick (1oz), Graham Crackers (1ea) <span style="float: right;">11</span>	<b>Breakfast</b> – Cheerios, Milk (8oz) , Apple(1ea) <b>Lunch</b> – Breaded Chicken Tenders (5 each 4oz) with BBQ Dipping Sauce (1oz), Carrots (3/4 cup), WW Dinner Roll (1oz), butter (1oz),-Milk (8oz), Pears (4oz) <b>Snack</b> – Unsweetened Apple sauce (4oz), saltines (2ea) <span style="float: right;">12</span>	<b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz) , Banana (1ea) <b>Lunch</b> – Chicken & Spaghetti Marinara, (6oz), Mixed vegetables (3/4 cup), Milk (8oz), Chilled Pears (4oz) <b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <span style="float: right;">13</span>	<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> – Cheeseburger (3oz patty), Cheese (1), WW Bun (1oz), Ketchup (3oz), Mixed Vegetables (3/4 cup),Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Cheez-its (1pk), Apple (1ea) <span style="float: right;">14</span>	<b>Breakfast</b> – Corn Flakes Cereal, Milk (8oz), Banana(1ea) <b>Lunch</b> – Mac & Cheese (6oz), Popcorn Chicken (5), Green Beans (3/4 cup), WW Roll (1oz), butter (1oz), Milk (8oz), Chilled Peaches (4oz) <b>Snack</b> – Sun chips (1oz, Tropical Fruit Cups (4 oz) <span style="float: right;">15</span>
<b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea) <b>Lunch</b> – French Bread Cheese Pizza (1ea), Broccoli (3/4 cup), Milk (8oz), Honey Dew Melon (1 slice) <b>Snack</b> – Cheese Stick (1oz), Graham Crackers (1ea) <span style="float: right;">18</span>	<b>Breakfast</b> – Cheerios, Milk (8oz) , Apple(1ea) <b>Lunch</b> – Turkey & Cheese Sandwich, Sliced Cucumbers (1/2cup), Milk (8oz), Orange <b>Snack</b> - Unsweetened Apple sauce (4oz), saltines (2ea) <span style="float: right;">19</span>	<b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz), Banana (1ea) <b>Lunch</b> – Pancakes (3oz), Sausage Patty (2oz), Tater Tots (3/4 cup), Syrup, Milk (8oz), Apple <b>Snack</b> - Goldfish crackers (1ea), yogurt (4 oz) <span style="float: right;">20</span>	<b>Breakfast</b> – Apple Muffin (2oz), Milk (8oz), Apple (1ea) <b>Lunch</b> –Chicken Nuggets (8), w/ Sour Dipping Sauce (2oz), carrots (3/4 cup), WW Dinner Roll (1), butter (1oz), Milk (8oz), Mandarins (4oz) <b>Snack</b> – Cheez-its (1pk, Apple (1ea) <span style="float: right;">21</span>	 <span style="float: right;">22</span>
<b>Breakfast</b> – Corn Muffin (1ea), Milk (8oz), Orange (1ea) <b>Lunch</b> – Beef Tacos (2ea), Brown Rice & Beans (1/2 cup),Green Beans (3/4 cup), Milk (8oz), Cantaloupe (1 slice) <b>Snack</b> – Cheese Stick (1oz), Graham Crackers (1ea) <span style="float: right;">25</span>	<b>Breakfast</b> – Cheerios, Milk (8oz), Apple (1ea) <b>Lunch</b> – Meat Lasagna (8oz), Broccoli (3/4 cup), WW Bread Slice (1oz), w/Butter, Milk (8oz), Chilled Peaches (4oz) <b>Snack</b> – Unsweetened Apple sauce (4oz), saltines (2ea) <span style="float: right;">26</span>	<b>Breakfast</b> – WW Bagel (1), Cream Cheese, Milk (8oz), Banana (1ea) <b>Lunch</b> – Mac & Cheese (6oz), Popcorn Chicken (3oz), WW Roll (1oz), butter, Garden Veg (3/4 cup), Milk (8oz), Honey Dew (1 slice) <b>Snack</b> – Goldfish crackers (1ea), yogurt (4 oz) <span style="float: right;">27</span>	<b>Breakfast</b> – Apple Muffin(2oz), Milk (8oz), Apple(1ea) <b>Lunch</b> – Cheeseburger (3oz), Cheese (1oz), WW Burger Bun (1oz), Ketchup (3oz), Peas & Carrots (3/4 cup), Milk (8oz), Orange <b>Snack</b> – Cheez-its (1pk), Apple (1ea) <span style="float: right;">28</span>	 <span style="float: right;">29</span>